

# **Gymnastics Townsville**

# 2025 Club Membership Pack



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# **Table of Contents**

Our Mission	3
Club Information	4
Club Structure	4
Club Credentials	5
Membership Information	6
Gymnast Registration Fees	6
Club membership	6
Classes	7
Coach/Gymnast Ratios for Classes	8
Training	8
Training Fees	8
Family discounts	8
Trial Class Fees	8
Make-up Policy	9
Fee Refunds	9
Gymnastics Townsville Policies	11



### **Our Mission**

Quality, Success, and Enjoyment through Unity and Team Spirit.

**GYMNASTICS** is one of the world's most popular spectator sports. Its history dates back to ancient Greece, evolving into todays modern Olympic apparatus – floor, pommels, rings, vault, parallel bars, uneven bars, beam and high bar.

Through controlled warm up and stretching activities, games, and skills performed on the apparatus, participants are taught the enjoyment of movement. The overall emphasis in our Early Years, Steps, Tumbling, and Adult classes is on **FUN** and **LEARNING**.

Our programs provide the fulfillment and challenge that you or your child are aspiring to achieve. The co-ordination, flexibility, fitness, and discipline learned through gymnastics forms an excellent basis for other sports, or as a unique and challenging sport within its own right.





### Club Information

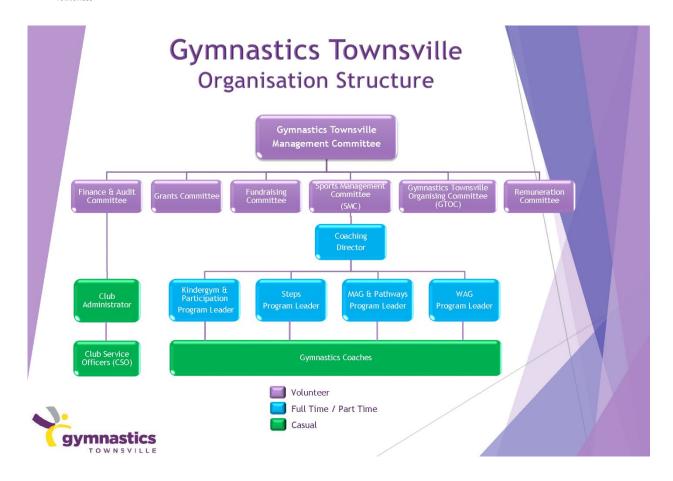
#### Club Structure

Gymnastics Townsville is a community based not-for-profit incorporated club. All our programs are conducted under the overall direction of our Management Committee and Program Leaders. The role of the Program Leaders is to ensure that all programs within their Program are developmentally sound, and structured to provide a pathway for children to progress from a beginner to an advanced level.

As an incorporated association, Gymnastics Townsville is governed by a Management Committee, which meets monthly. All Management Committee positions are voluntary and are subject to election each year. Sponsorship and fundraising are an integral part of the club's activities and assist in keeping training fees as low as possible. All activities are for the benefit of the entire club and the management committee strive to raise funds to be utilised throughout the club. The benefits of these fundraising activities include new equipment, staff upskilling and facility maintenance.

Gymnastics Townsville would like to acknowledge the Queensland Government's Office of Sport & Recreation, the Gambling Community Benefit Fund, and a number of local businesses for their continued support. The club's administration office is manned on a part-time basis, to handle collection of training and competition fees, enrolments, general inquiries, and merchandise sales. The friendly customer service team are available to assist with your enquiries. Any questions of a general nature can be directed to the Customer Service Officer. If you have a technical question please schedule a time to speak with your child's Coach or the relevant Program leader.





#### Club Credentials

Gymnastics Townsville has been operating as a not-for-profit incorporated club for more than 20 years. In 1996 the club was formed to focus on providing gymnastics classes for our members, by expanding and diversifying the range of programs offered, and focusing on the quality and safety of our classes.

Gymnastics Townsville offers high quality, safe and fun programmes where gymnasts can learn and develop at their own pace, while also providing the opportunity for competitive, fun and fitness-based programmes.

Gymnastics Townsville is affiliated with Gymnastics Queensland, the sport's governing body in Queensland. This affiliation is evidence that the club meets strict quality control guidelines expected by today's society.



## Membership Information

In accordance with the club's annual affiliation requirements with Gymnastics Queensland, all participants in club programs must be currently registered with the Club and in turn Gymnastics Queensland. Gymnast registration become effective immediately upon payment of the annual membership fee and remains valid for 12 months from the date of payment.

#### **Gymnast Registration Fees**

2025 Annual Registration Fees	Kindergym	Steps	Competitive
2025 Registration Fee - Term 1 or 2	\$62.91	\$76.11	\$150.20
2025 Registration Fee - Term 3	\$47.91	\$61.11	\$135.20
2025 Registration Fee - Term 4	\$32.91	\$46.11	\$120.20
Casual GymPlay Registration Fee	\$26.00	N/A	N/A

(valid until 31 December 2025)

This membership is compulsory:-

- 1. It provides accident and injury insurance coverage for your child;
- Automatically registers your child with both Gymnastics Queensland and Gymnastics Australia;
- 3. Is a pre-requisite for participation in levels tests and competitions; and

This membership also guarantees that our club meets all quality control guidelines as specified by the sport's governing body.

Please advise us if any details should change during the year including medical history that are relevant to their participation in the sport of gymnastics and emergency contact name including phone number should the need arise.

#### Club membership

\$5.50 (for the calendar year ended 31 December)

This membership is included with the Gymnast's Membership Fee, and is also offered to parents of gymnasts and supporters of the club. The benefits of this membership include:

- 1. Voting rights at club meetings in accordance with Club's Constitution
- Insurance coverage as a volunteer at any club sanctioned events
   (This membership can be registered at any time throughout the year)



#### Classes

Participants with little or no gymnastics experience are encouraged to join our Gymnastics For All program. This program includes Kindergym, Steps program, Tumbling, and Adults gym. These are non-competitive groups that focus on coordination, fine and gross motor movements, and spatial awareness. Learning is achieved through experiencing a variety of activities, games and skills on different apparatus.

Selection in Competitive programs is made after testing Steps classes that occurs in week 7 of each term. Moving into the competitive squads program is available as an option for gymnasts after they have passed step 5 in the program. Gymnasts in the competitive program focus on skill acquisition and development to a high level of technical specificity. Based on attitude and ability to perform these skills and routines, children may then be selected to start attending local competitions.

Progression to higher levels is through further selection by Program leaders and based on skills and strength testing held in Term 1 and Term 3 of each year. A greater degree of self-discipline and control is expected, and a commitment to increased training hours is required as children progress higher through the levels and competitive structure. These Competitive gymnasts are offered the opportunity to compete in competitions locally through to National events.



### Coach/Gymnast Ratios for Classes

Gymnastics Townsville is committed to offering classes in which the coach/gymnast ratios recommended by Gymnastics Australia are not exceeded in all our programs. Every Gymnastics Townsville class is run by fully accredited coaches as well as supervisors and mentors for our developing coaches.

# **Training**

### **Training Fees**

As a gymnast in our Gym For All programs, fees are billed term by term (in line with public school terms). At the end of each term gymnasts will receive an invoice for the upcoming term. Receipt of payment of the invoiced fees by the due date secures the gymnast's place in the class.

Squad classes are invoiced on a monthly basis on the 15<sup>th</sup> of each month and are due by the 1<sup>st</sup> of the next month. Further information is included in the WAG/MAG handbook. Program leaders will advise at the start of each year the dates for the five holiday training weeks.

A family friendly discount structure is also available:

Family Discount – 2 children
 5% off 2<sup>nd</sup> child

• Family Discount – 3 or more children 10% off 3<sup>rd</sup> and subsequent children

• Management Committee Discount 10% off every child (no further discounts apply)

Family discounts only apply where the term fee is paid in full. For family discount purposes, the first child is defined as the child training the greatest number of hours.

Trial Class Fees are available for those gymnasts trialling a new class. Payment of trial class fees are accepted for up to two classes. After this point gymnasts must pay registration and relevant term fees to secure a spot in a class. Trials are only offered where there is a vacancy in a class and coach to gymnast ratios will not be exceeded to accommodate a trial.



#### Make-up Policy

If you are unable to participate in a **Gymnastics for All** (GfA) class for any reason, you may be able to attend a courtesy make-up class if one is available. In order to attend a courtesy make-up class, you must contact the office in advance of the missed class to request a make-up class. You can contact the office by email <a href="mailto:reception@gymtsv.com.au">reception@gymtsv.com.au</a>, by phone on 07 4444 4553, or in person during office hours. Courtesy make-up classes will only be provided where there are spaces available in an appropriate given class and may not be available in the same week that the request is made. No medical certificate is required. All make-up lessons must be completed within the same term as the missed lesson.

We will do our best to find a suitable make-up class for you if requested, however please understand that numbers in all classes are limited, and there may be occasions where a courtesy make-up class is not possible.

For absences due to medical reasons, please also refer to our Credit/Refund policy.

Make up classes are not available for gymnasts in competitive programs.

#### Fee Refunds

If a gymnast is injured or is sick for longer than 2 weeks, they must produce a Medical Certificate for the time that they will be away from their classes. They will receive a **CREDIT** on their fees to be used for the next term. You must fill in a Credit/Refund Application Form and submit it together with the medical certificate. These forms are to be received by the Club within 2 weeks of the date of the injury or the beginning of absence due to sickness. Chronic injuries and illnesses may be reviewed on a case-by-case basis. No refunds of fees are given unless the gymnast can no longer medically attend gymnastics, in which case a medical certificate must be provided.

If a gymnast is only sick for 1 week then make-up classes may be available for gymnasts in the Gymnastics for All programs. No medical certificate is necessary. No refunds given.



In extenuating circumstances, e.g. if you are leaving town, or other extenuating circumstances apply, you can request a refund by providing at least two weeks' notice. The refund will be calculated two weeks from the date we are informed less a 20% Administration Fee and applies to training fees only. Annual Membership Fees are not refundable in any circumstances.

If a Gymnast no longer wants to attend, a Credit/Refund Application Form needs to be filled in or a letter sent to the club's Management Committee. We will only refund for classes not attended, starting 2 weeks after the date of request. No refund will be given for classes not attended. We will also apply a 20% Administration Fee. No refunds are given for classes already attended.

In the case of a death in the family, we will refund all fees for classes not attended less a 20% Administration Fee. Please advise as soon as possible and fees will be refunded from the date of notification.



# **Gymnastics Townsville Policies**

Gymnastics Townsville is committed to policies that protect its members in a variety of ways.

The policies relative to this commitment include the following:

- Privacy Statement
- Registration Policy
- Equal Opportunity, Discrimination and Harassment
- Child and Member Protection
- Safety (OH&S, Equipment)
- Cancellation of classes
- Emergency Situation
- Effective Behaviour and Club Rules
- Parent and Participant Code of Behaviour
- Social Media Policy

We are in the process of ensuring all our relevant policies can be found to download from the Club Website located at <a href="https://gymtsv.com.au">https://gymtsv.com.au</a>. Until this time, a printed copy can be obtained by asking the Club Administrator.